

University/College Name _____ Student Health Examination Form										Student No.		
Ministry of Education, Taiwan, R.O.C. (Revised Version)												
Basic Information	Enrollment Date	(mm)/(yy) /	Dept./Institute/Program				Name					
	Date of Birth	(dd)/(mm)/(yy) / /	Blood Type		Gender	<input type="checkbox"/> M <input type="checkbox"/> F	I.D. No.					
	Permanent address						Cell phone		Attach photo  (if the university / college wants a photo)			
	Mail address	<input type="checkbox"/> As above										
	Emergency contact	Relationship	Name	Phone (home)	Phone (work)	Student's E-mail						
Health Information	Please tick of the ailments you have had (please add details for 13. to 18.):											
	<input type="checkbox"/> 1. None			<input type="checkbox"/> 6. Kidney disease			<input type="checkbox"/> 11. Arthritis			<input type="checkbox"/> 16. Major surgery: _____		
	<input type="checkbox"/> 2. Tuberculosis			<input type="checkbox"/> 7. Epilepsy			<input type="checkbox"/> 12. Diabetes mellitus			<input type="checkbox"/> 17. Allergy: _____		
	<input type="checkbox"/> 3. Heart disease			<input type="checkbox"/> 8. SLE (Lupus)			<input type="checkbox"/> 13. Psychological or mental illness: _____			<input type="checkbox"/> 18. Other: _____		
	<input type="checkbox"/> 4. Hepatitis			<input type="checkbox"/> 9. Hemophilia			<input type="checkbox"/> 14. Cancer: _____					
Regular Lifestyle	Tick the boxes that best describe your lifestyle: 1. How much did you sleep during the past 7 days (not including weekends, or days off)? <input type="checkbox"/> ① ≥7 hours a day <input type="checkbox"/> ② <7 hours a day <input type="checkbox"/> ③ I suffer from insomnia. 2. How often did you eat breakfast in the past 7 days (not including weekends, or days off)? <input type="checkbox"/> ④ Never <input type="checkbox"/> ① Some days: ____ days. <input type="checkbox"/> ② Every day (Eat: before 9:00 <input type="checkbox"/> Yes <input type="checkbox"/> No; after 9:00 <input type="checkbox"/> Yes <input type="checkbox"/> No ) 3. During the past 7 days, how many days did you do moderate/high intensity exercise (that is, you could talk but not sing while performing the exercise), such as sports, fitness, commuting, and recreational physical activities for at least 10 minutes each time per day? <input type="checkbox"/> ④ 0 days <input type="checkbox"/> ① 1 day <input type="checkbox"/> ② 2 days <input type="checkbox"/> ③ 3 days <input type="checkbox"/> ④ 4 days <input type="checkbox"/> ⑤ 5 days <input type="checkbox"/> ⑥ 6 days <input type="checkbox"/> ⑦ 7 days 4. During the past month, did you use tobacco (cigarettes, e-cigarettes, or IQOS)? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Some days -please tick: <input type="checkbox"/> ④ cigarettes <input type="checkbox"/> ⑤ e-cigarettes <input type="checkbox"/> ⑥ IQOS (multiple choice) <input type="checkbox"/> ③ Every day - please tick: <input type="checkbox"/> ④ cigarettes <input type="checkbox"/> ⑤ e-cigarettes <input type="checkbox"/> ⑥ IQOS (multiple choice) <input type="checkbox"/> ⑦ I have quit 5. During the past month, did you drink alcohol? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Some days <input type="checkbox"/> ③ Every day - please tick how many: <input type="checkbox"/> ② 2 drinks or more <input type="checkbox"/> ③ 1 drink <input type="checkbox"/> ④ less than 1 drink <input type="checkbox"/> ⑤ I have quit (Note: 1 'drink' means: 330 ml of beer, 120 ml of wine, 45 ml of spirits) 6. During the past month, did you chew betel nut? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Some days <input type="checkbox"/> ③ Every day <input type="checkbox"/> ④ I have quit 7. Do you feel depressed? <input type="checkbox"/> ④ Not at all <input type="checkbox"/> ① Sometimes <input type="checkbox"/> ② Often 8. Do you feel worried? <input type="checkbox"/> ④ Not at all <input type="checkbox"/> ① Sometimes <input type="checkbox"/> ② Often 9. During the past 7 days, how often did you defecate? <input type="checkbox"/> ① At least once a day <input type="checkbox"/> ② Once in 2 days <input type="checkbox"/> ③ Once in 3 days <input type="checkbox"/> ④ Once in 4 or more days 10. During the past 7 days (not including weekends, or days off), how many hours did you use the internet everyday, apart from when doing homework or in class? <input type="checkbox"/> ① less than 2 hours <input type="checkbox"/> ② 2-4 hours <input type="checkbox"/> ③ 4 hours or more: ____ hours 11. How many times do you usually brush your teeth a day? <input type="checkbox"/> ④ None <input type="checkbox"/> ① Once <input type="checkbox"/> ② Twice <input type="checkbox"/> ③ 3 or more times 12. How often do you have a dental checkup even if there's no toothache or other oral discomfort? <input type="checkbox"/> ① Once every 6 months <input type="checkbox"/> ② Once a year <input type="checkbox"/> ③ More than one year <input type="checkbox"/> ④ Never 13. Menstrual cycle – female students: Do you have painful menstrual periods? <input type="checkbox"/> ① No <input type="checkbox"/> ② Light pain <input type="checkbox"/> ③ Severe pain <input type="checkbox"/> ④ Unknown/Declined to answer											
	Health Self –	1. During the past month, would you say your health condition is <input type="checkbox"/> ① Excellent <input type="checkbox"/> ② Good <input type="checkbox"/> ③ Average <input type="checkbox"/> ④ Fair <input type="checkbox"/> ⑤ Poor										
		2. During the past month, would you say your mental health condition is <input type="checkbox"/> ① Excellent <input type="checkbox"/> ② Good <input type="checkbox"/> ③ Average <input type="checkbox"/> ④ Fair <input type="checkbox"/> ⑤ Poor										
		※ Do you currently have any health concerns? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes ※ Do you need the university/college to provide any assistance? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes										

Health Examination Record (to be completed by medical personnel)				Date: Day_____Month_____Year_____				Examiner's Signature	
Height:_____cm		Weight:_____kg		<input type="checkbox"/> Waistline:_____cm※					
Blood Pressure:_____/_____/_____mmHg				Pulse rate: ____/min ※					
Vision: _____		Uncorrected: Right _____ Left _____		Corrected: Right _____ Left _____					
Eyes	<input type="checkbox"/> Normal	<input type="checkbox"/> Color vision deficiency △ <input type="checkbox"/> Other: _____							
ENT	<input type="checkbox"/> Normal	Hearing abnormality: <input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Suspected otitis media, such as from a perforated ear drum △ <input type="checkbox"/> Swollen tonsils △ <input type="checkbox"/> Earwax embolism △ <input type="checkbox"/> Other: _____							
Head & Neck	<input type="checkbox"/> Normal	<input type="checkbox"/> Wry neck (torticollis) <input type="checkbox"/> Abnormal mass <input type="checkbox"/> Other: _____							
Chest	<input type="checkbox"/> Normal	<input type="checkbox"/> Cardiopulmonary disease <input type="checkbox"/> Abnormal thorax <input type="checkbox"/> Other: _____							
Abdomen	<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal swelling <input type="checkbox"/> Other: _____							
Spine & limbs	<input type="checkbox"/> Normal	<input type="checkbox"/> Scoliosis <input type="checkbox"/> Limb deformity <input type="checkbox"/> Difficulty squatting <input type="checkbox"/> Other: _____							
Urogenital system △	<input type="checkbox"/> Normal <input type="checkbox"/> Not checked	<input type="checkbox"/> Abnormal foreskin <input type="checkbox"/> Varicocele <input type="checkbox"/> Other: _____							
Skin	<input type="checkbox"/> Normal	<input type="checkbox"/> Ringworm <input type="checkbox"/> Scabies <input type="checkbox"/> Wart <input type="checkbox"/> Atopic dermatitis <input type="checkbox"/> Eczema <input type="checkbox"/> Other: _____							
Oral Health Screening	<input type="checkbox"/> Normal	Untreated caries: <input type="checkbox"/> 0.No <input type="checkbox"/> 1.Yes Missing tooth (been extracted due to caries): <input type="checkbox"/> 0.No <input type="checkbox"/> 1.Yes Filled tooth : <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes Gingivitis※: <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes Dental calculus or tartar※: <input type="checkbox"/> 0.No <input type="checkbox"/> 1.Yes <input type="checkbox"/> Poor oral hygiene <input type="checkbox"/> Malocclusion <input type="checkbox"/> Other							
Summary	<input type="checkbox"/> Normal <input type="checkbox"/> Requires a consultation with : <input type="checkbox"/> Other: _____						Stamp of hospital/clinic where examination was done		
Laboratory Tests		1 <sup>st</sup> test	Result		Laboratory Tests		1 <sup>st</sup> test	Result	
			Abnormal	Follow up				Abnormal	Follow up
Urinalysis	Protein (+) (-)				Blood lipids	Total cholesterol (mg/dL)			
	Sugar (+) (-)				Renal function	Creatinine (mg/dL)			
	O.B. (+) (-)					UA (mg/dL)			
	pH					BUN (mg/dL) ※			
Blood test	Hb (g/dL)				Liver function	SGOT (AST) (U/L)			
	WBC (10 <sup>3</sup> /μL)					SGPT (ALT) (U/L)			
	RBC (10 <sup>6</sup> /μL)				Hepatitis B	HBsAg △			
	Platelet count(10 <sup>3</sup> /μL)					Anti-HBs △			
	MCV (fl)				Other※				
	HcT (%) ※								
Chest X-ray	Date of X-ray	Result: <input type="checkbox"/> No obvious abnormality <input type="checkbox"/> R/O TB <input type="checkbox"/> TB-related calcification <input type="checkbox"/> Abnormal thorax <input type="checkbox"/> Pleural cavity edema <input type="checkbox"/> Scoliosis <input type="checkbox"/> Cardiomegaly <input type="checkbox"/> Bronchiectasis <input type="checkbox"/> Pulmonary infiltrates <input type="checkbox"/> Solitary pulmonary nodule <input type="checkbox"/> Other: _____						Further treatment, date, and comment:	
Other tests	Item	Date	Checked by		Result		Follow-up referral and notes:		
Summary	Summary of health examination results, for follow-up or treatment, and case management outline								

△ : The item can be examined as needed under the Implementation Regulations Regarding Students' Health Screening

※ : Optional item